



# *Healing in Process*

*Adela Gorodzinsky, MEd, CCC, RP, CBT, CTIRF, COSF*

*Counselling, Psychotherapy,  
Bio-Energetic Analysis,  
Traumatic Incident Reduction and  
Circle of Security® parenting facilitation.*

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## **Bioenergetic Exercise Class** with **Adela Gorodzinsky**



**Sunday, December 2<sup>nd</sup> 2018; 11.00 am – 12.30 pm**

**Cost: \$35**

### **Early Bird Special**

**If the class is booked and paid for by November 16<sup>th</sup> the fee is reduced to \$30.**

### **Registration and Payment**

**These classes will be held at Adela's practice at 404 Whisker Court, London, Ontario N5X 4L3.**

**Please book directly with Adela.**

**Phone: 519 642-1966    Email: healinginprocess@gmail.com**